

District Commissioner's Challenge 2022

The D.C. Challenge is a local award to be earned in addition to the Scout Association's Badge and Award Scheme. Many elements of this award will fit into the overall balanced programme for members aged 6 to 18.

The D.C. Challenge is a revisit of a local badge that was available in the 1980's, with a twist to make it relevant for today. The theme for 2022 is Community Impact in our local area and the wider world.

Everyone including Leaders and Active Support Units can take part in the D.C. Challenge along with Beavers, Cubs, Scouts and Explorers.

Why take part in the D.C. Challenge

Through action, Scouting makes a difference not just to the young people and adults taking part, but to whole communities.

Using this programme pack you can explore some important issues that affect our world.

Then you can think about how to make a difference to others in your local community.

You could identify external bodies and associations to share ideas and gain some knowledge and experience from.

You can share your stories with others by sending info to Glenn to upload to the district website and he can send onto the local media to get people talking about Scouting.

Is there a Uniform Badge?

The D.C. Challenge has a unique badge that can be earned during 2022 and worn until a further D.C. Challenge is earned.

How much will Uniform Badges cost?

The Badges are FREE as they have been sponsored by The Red House Youth Trust.

Get started on the D. C. Challenge

In this pack you will find information on the four areas of the D.C. Challenge and ideas for activities to complete for each part:



Once you have completed one or more activity from each of the four areas, you can complete the Activity Log and Order your FREE D.C. Challenge Uniform Badges. Remember - all four areas must be finished.

Thank you for finding out about this year's D.C. Challenge Badge – Community Impact. We hope you will take part and indeed enjoy completing some activities to make our world a better place for everyone.

Together, we can make a difference, and we look forward to sharing your adventures.

Shelly, Gillian and Glenn
- The D.C. Challenge Team -

D.C. Challenge One...



RECOVER: Our climate is already changing, so we need to act fast to help it recover. To reduce carbon in the atmosphere, we need to stop deforestation, commit to sustainable practices, and grow more plants.

Hands-on action: plant something that will help your local area.

Before you get started:

- Size up the challenge. You could get stuck in on a small scale with a handful of wildflowers on your balcony or take it to the next level and plant some trees. Every action, no matter how small, helps fight climate change.
- Do your research to find out what to plant. What would be best for your local area? Look online, or speak to charities, and conservationists in your area.
- Link up with people. How could you take planting to the next level? Together, you could adopt a whole patch of land.
- Get permission. Wherever and whatever you are planting, make sure you have permission from the appropriate people or authorities before you get stuck in.

Things to consider:

- Actions speak louder than words. Could you take hands-on action and invite the local decision makers in your community to see it happen?

Amplify your voice - you could get support from others in the community, they could sign a petition or send their own messages to people in positions of power.

What could you do?

- Plant wildflower areas at the Scout HQ or in private gardens.
- Make a window box herb or wildflower garden.
- Create posters, petitions or write letters to raise awareness in your community.
- Complete a study of the trees growing in your local parks or woodlands.
- Plant one or more type of the 60 trees that are native species to the UK.

Or you could complete any other project that involves planting and growing plants to reduce carbon in the atmosphere.

What organisation could you link with?

- The National Trust Plant a Tree Project: www.nationaltrust.org.uk

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RECOVER RECOVER RECOVER

D.C. Challenge Two...



RECYCLE: When plastic isn't disposed of properly, it pollutes habitats, releases substances that harm humans and animals, and emits gases that make climate change worse. To reduce climate change, we need to recycle more.

Hands-on action: collect plastic, sort it out, and recycle it appropriately.

Before you get started:

- Keep yourself safe. When you're collecting rubbish, wear suitable clothing to protect yourself, including a pair of gloves. Never collect anything from a dangerous area, and always wash your hands thoroughly when you finish.
- Keep track of how much rubbish you collect. You can use this information to record your action and show decision makers that plastic pollution is a big issue in your area.

Things to consider:

- Think about what type of rubbish is a problem in your area.
- Find out about and make people aware of microplastics. These are small pieces of plastic (less than five millimetres big) – they're everywhere, and they make their way up the food chain and affect animals and people.
- Talk about offshoring. This is when countries send their waste away to be processed by other countries. It damages the environment because it uses lots of transport to move the rubbish, and the countries it ends up in don't always process it correctly – they may put it landfill sites or even burn it!
- Could local decision makers do more to reduce, reuse, and recycle in your area?

What could you do?

- Create a "Recycle Monster" and use it to promote recycling.
- Complete a survey of plastic pollution on a beach and share your results with others.
- Review the effect of offshoring and investigate which countries use this method.
- Undertake a litter pick and dispose of the collected matter in the right way.
- Build a greenhouse or coldframe using plastic drinks bottles.

What organisation could you link with?

- Wrap Recycle Information: www.wrap.org.uk

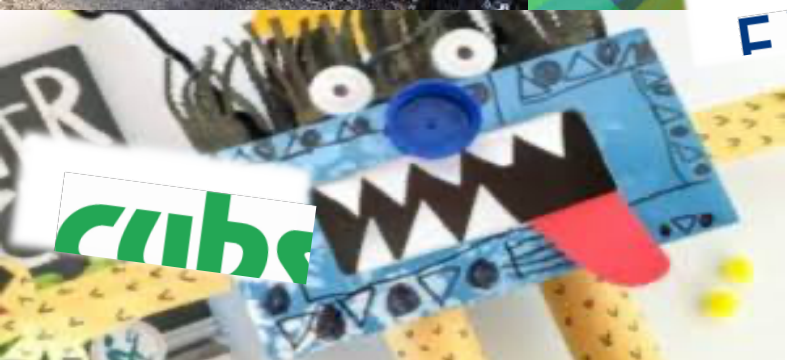
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BEAVERS



EXPLORERS



RECYCLE RECYCLE RECYCLE

D.C. Challenge Three...



REDUCE: Everyday actions make a huge impact on our planet. To reduce climate change, we need to eat, travel, and power our lives in planet-friendly ways. If we keep living as we are, we'd need more than one Earth in the future.

Hands-on action: choose a planet-friendly diet, reduce your food waste, use less fossil fuel powered energy, and avoid fossil fuel powered transport.

Before you get started:

- Think about food that's in season and from local sources. Local food doesn't have to travel long distances to reach you, and food that's in season doesn't have to use as much artificial heat to grow.
- Reduce your food waste. Food takes a lot of time and energy to produce. Make sure none gets wasted by planning meals, only buying what you need, and giving any spare food to others (or a charity).
- Change what's on your plate. We all need to eat – but some foods take up lots of space and generate lots of greenhouse gases. Do your research and think about foods that are better for the environment.
- Change how you get around. Walk or cycle more, or swap car journeys to train or bus.

Things to consider:

- Encourage local decision makers to choose carbon-neutral supply chains and sustainable food production. You could make a video, create posters, or write letters.
- Speak to local decision makers about making public transport in your area accessible and affordable. Are there plans to expand or improve public transport options? Are they powered by green fuel sources?

What could you do?

- Explore new planet-friendly foods by making a Food Monster platter of snacks.
- Grow some vegetables in patio pots or recycled containers.
- Find out about farmers markets and visit one to buy some locally grown vegetables.
- Survey the produce section of a supermarket and plot the journey of the items on a map.
- Turn an area of waste ground into an area to grow some low-gas-impact vegetables.

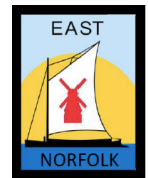
What organisation could you link with?

- BBC Climate change food calculator: www.bbc.co.uk

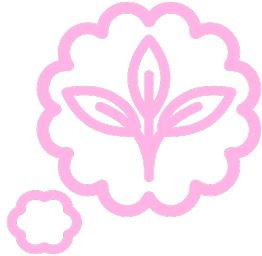
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REDUCE REDUCE REDUCE



D.C. Challenge Four...



RETHINK: Help in the community - what can we do for churches, care homes and other community organisations. Think of community areas that may benefit from the support of Scout Groups or Explorer Units or individual people that could use a helping hand or two or more.

Hands-on action: take action to help others in your community by running a Community Impact Project to support local organisations or join with a National Community Campaign.

Before you get started:

- Look online, or speak to charities, and other organisations in your area.
- Decide together what organisation to support or link with.
- Get permission. Wherever and whatever you are planning to do, make sure you have permission from the appropriate people or authorities before you get stuck in.

Things to consider:

- Discuss the issues facing people and places in the local community.
- Talk to local organisations to identify how best to help them, considering the time commitment on offer and the skills of the adults and/or young people taking part.
- Make a record of how you are helping and share it with others to gather more support for your chosen project.
- Could local decision makers do more to support the issues?

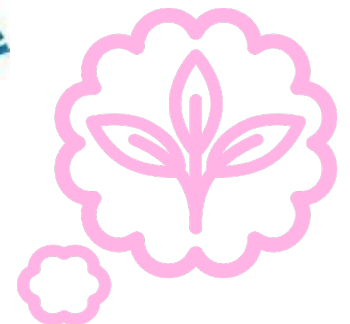
What could you do?

- Complete a clean-up on the local beach.
- Find out about local homeless shelters and make a donation of clothing.
- Undertake a clearance project in a churchyard or garden work for elderly people.
- Paint a community building i.e. Scout HQ, allotment shed or other suitable place.
- Support a local Food Bank with donations or other services.

What organisations could you link with?

- Information on Beach Clean UK: www.beachclean.org
- Find a Food Bank with the Trussell Trust: www.trusselltrust.org
- Learn about Salvation Army Emergency Assistance: www.salvationarmy.org.uk
- Find out about Shelter UK: www.england.shelter.org
- Information about churches in the Diocese of Norwich: www.dioceseofnorwich.org

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cubs



SCOUTS

network



RETHINK RETHINK RETHINK

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D.C. Challenge Activity Log and Badge Order Form

We would like to keep a record of the work of all our members as part of the D.C. Challenge, and the impact together we have made in our local community and on wider world issues.

Tell us about your activities:

	<p>RECOVER: What did you plant to help the world recover?</p>
	<p>RECYCLE: What did you do to try to recycle more?</p>
	<p>REDUCE: What did you do to help reduce climate change?</p>
	<p>RETHINK: How did you make a difference in your local community?</p>

Please complete one order form per section or unit to order your FREE badges:

Name of Group / Unit / Network Unit / Active Support Unit:					
Beavers		Cubs		Scouts	
Explorers		Young Leaders		Adults	

Please give information by section as badges will be sent to the Section/Unit Leader using Compass addresses. Send completed activity log and badge order forms to: dc@eastnorfolkscouts.org.uk

Send media stories and photographs of activities to: perception@eastnorfolkscouts.org.uk

NOTE: Please make sure you have a photo permission form for every person in the photos you send to Glenn.