



EXPLORERS INTERNATIONAL ACTIVITY BADGE



This booklet can be used to support the completion of the Explorers International activity badge. All activities can be adapted to suit the needs of your unit.

Activity areas:

- International Cooking
- Cultural Art
- Cultural Games
- International Quiz and Chips
- Scouts Past, Present and Future
- Chinese New Year Celebrations

International Cooking:

Overview

Approx time	Activity		
-	Meeting starts		
10 min	Introducing global dishes (match the national dish to the country)		
5 min	Focus on Spanish dishes (what dishes are well known in Spain)		
40/50 min	Starter: Ensaladilla Rusa (Spanish potato salad)	Main: Spanish Beans	Dessert: Churros
10/15 min	Food tasting and review		
10 min	Tidy up		
5 min	Meeting closed		

Introduction:

Australia – Meat pie



Bangladesh – Fish & Rice



China – Peking Duck



England – Tikka Massala



France - Crepe



Hungary – Goulash



Spanish focus:

Spain is well known for its seafood dishes such as paella and this is due to the rich waters around the coast. It is also known for its rice and bean dishes. Paella is Spain's national dish and is eaten in countries around the globe. Sangria is also one of the most well-known drinks in Spain and this is a type of red wine with fruits in.

Cooking:

Explorers will need to be split into three groups and each will work on either the starter, main or dessert. The members of each group are responsible for their dish. You will need basic cooking equipment and access to either an oven or camping cooking stove.

Starter - Ensaladilla Rusa



Method

STEP 1

Heat oven to 180C/fan 160C/gas 4. Mix the oil, tomato purée and paprika together, then coat the potatoes thoroughly in it. Squash the garlic in its skin with the flat of a knife and place on a baking tray with the potatoes.

STEP 2

Season well with salt and pepper, then roast for 40 mins, turning halfway through, until the potatoes have crisped up and are fluffy inside. Five mins before the end of cooking, sprinkle over the lemon juice and return to the oven. Serve with the parsley scattered over.

Ingredients

2 tbsp oil

3 tbsp tomato purée

1 tsp smoked paprika

800g potato, cut into small chunks

4 garlic cloves

juice ½ lemon

handful flat-leaf parsley leaves, roughly chopped

Why not try frying instead of roasting?

Main – Spanish Beans



Ingredients

350g [lean pork mince](#)

2 tsp [olive oil](#)

1 [large red onion](#), chopped

2 peppers, sliced, any colour will do

3 [garlic cloves](#), crushed

1 tbsp [sweet smoked paprika](#)

2 x 400g cans [chopped tomatoes](#)

400g can butter beans, drained

2 tsp [golden caster sugar](#)

[small bunch parsley](#), chopped

crusty bread, to serve (optional)

Method

STEP 1

Season the pork, working the seasoning in with your hands, then shape into small meatballs. Heat the oil in a large pan, add the meatballs and cook for 5 mins, until golden brown all over. Push to one side of the pan and add the onion and peppers. Cook for a further 5 mins, stirring now and then, until the veg has softened, then stir in the garlic and paprika. Stir everything around in the pan for 1 min, then add the tomatoes. Cover with a lid and simmer for 10 mins.

STEP 2

Uncover, stir in the beans, the sugar and some seasoning, then simmer for a further 10 mins, uncovered. Just before serving, stir in the parsley. Serve with crusty bread for dunking, if you like.

Instead of using meat, why not substitute for other Spanish inspired vegetables such as peppers or asparagus?



Ingredients

50g [butter](#), melted

½ tsp [vanilla extract](#)

250g [plain flour](#), from a new bag
(essential for absorbing the liquid)

1 tsp [baking powder](#)

[about 1 litre sunflower oil](#)

a few chunks of bread

For the sauce

200g [dark chocolate](#), not too bitter,
broken into chunks

100ml [double cream](#)

100ml [whole milk](#)

3 tbsp [golden syrup](#)

½ tsp [vanilla extract](#), if you have some

For the cinnamon sugar

100g [caster sugar](#)

2 tsp [cinnamon](#)

Choose which
ever toppings
you fancy!

Method

STEP 1

Boil the kettle, then measure 300ml boiling water into a jug and add the melted butter and vanilla extract. Sift the flour and baking powder into a big mixing bowl with a big pinch of salt. Make a well in the centre, then pour in the contents of the jug and very quickly beat into the flour with a wooden spoon until lump-free. Rest for 10-15 mins while you make the sauce.

STEP 2

Put all the sauce ingredients into a pan and gently melt together, stirring occasionally until you have a smooth shiny sauce. Keep warm on a low heat.

STEP 3

Fill a large deep saucepan one-third full of oil. *Cooking with hot oil can be dangerous – before you start, read up on [how to deep-fry safely](#) to avoid accidents in the kitchen.* Heat until a cube of bread browns in 45 seconds to 1 min. Cover a tray with kitchen paper and mix the caster sugar and cinnamon together.

STEP 4

Fit a star nozzle to a piping bag – 1.5-2cm wide is a good size. Fill with the rested dough, then pipe 2-3 strips directly into the pan, snipping off each dough strip with a pair of kitchen scissors. Fry until golden brown and crisp. Be very careful here – if air bubbles form in the churros they can explode, especially if the oil overheats or you use old flour. *Cooking with hot oil can be dangerous – before you start, read up on [how to deep-fry safely](#) to avoid accidents in the kitchen.* Keep children out of the kitchen and protect yourself by wearing long sleeves and eye protection, and keeping your face away from the pan.

Cultural Art:

Overview

Approx time	Activity
-	Meeting starts
10 min	Introduction
15 min	Japan – Sumi-e finger painting
15 min	Australia – Aboriginal pointillism painting
15 min	Tea/Coffee break
15 min	New Zealand - Māori colouring
15 min	Swedish – Folk art paper crafts
5 min	Tidy up
5 min	Meeting closed

These activities all explore cultural art from around the globe. Countries all have different traditions and their art work is the same.

Japan – Sumi-e Painting:



Your Explorers will re-create some of these famous paintings or their own Japanese inspired art with a twist. They will create them through finger painting and only using the colours black, white and red.

You will need:

- White paper
- Black, white and red paint

Fancy a challenge?

Blindfold each other and try to re-create the images. See what you come up with.

Australia – Aboriginal Painting:



Your Explorers will use these images as inspiration to create their own aboriginal art.

Using paint of your choice, Explorers will use the cotton buds to dot colour onto their page.

You will need:

- White paper
- Coloured paint of your choice and/or felt tip pens
- Cotton buds
- Pencils

Fancy a change?

Why not try using felt tip pens instead of paint?

To make it easier, sketch an outline of the intended painting first.

New Zealand - Māori colouring:



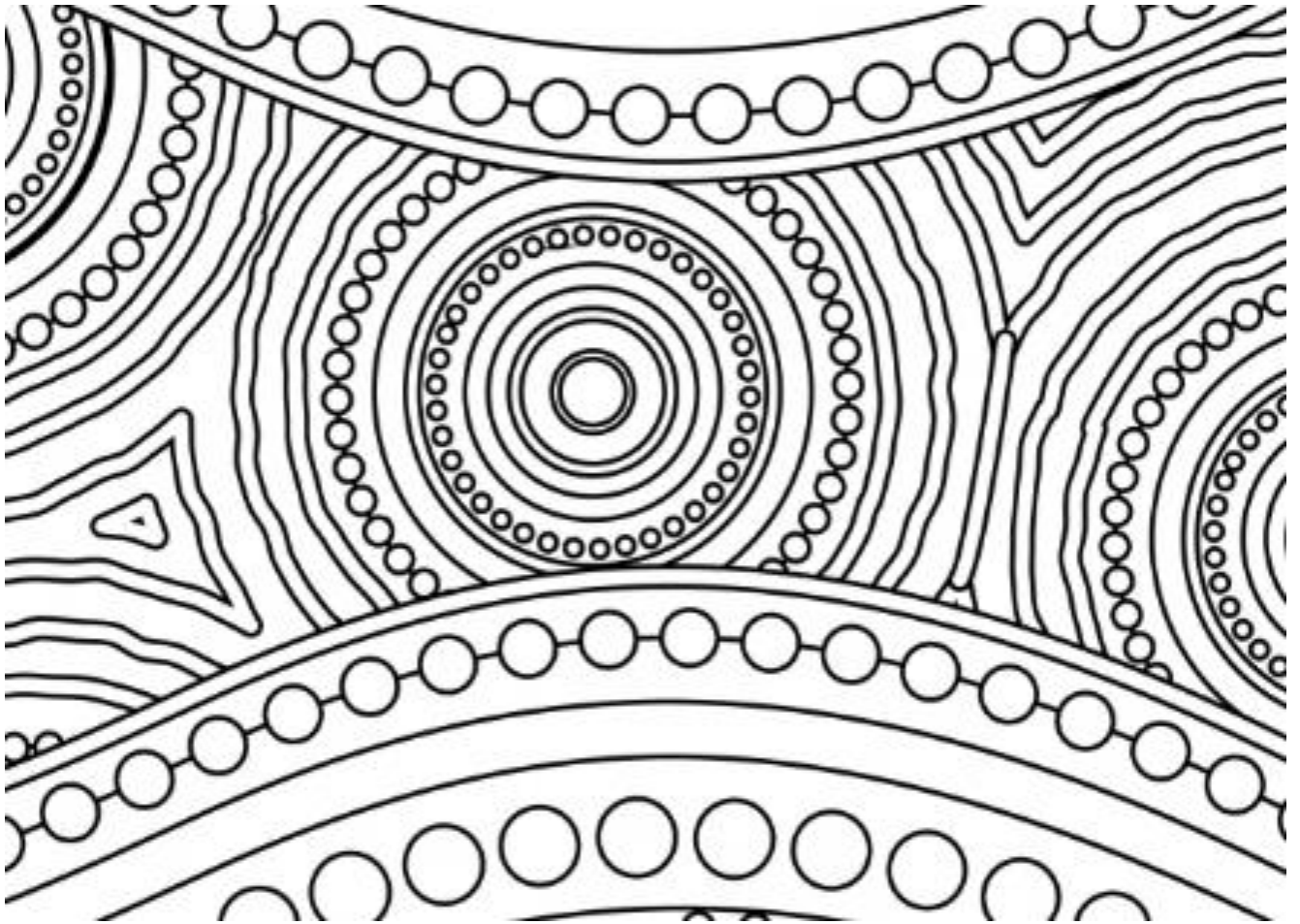
Māori art is a spiritual form of art that is typically very intricate. They would usually be painted using natural pigments.

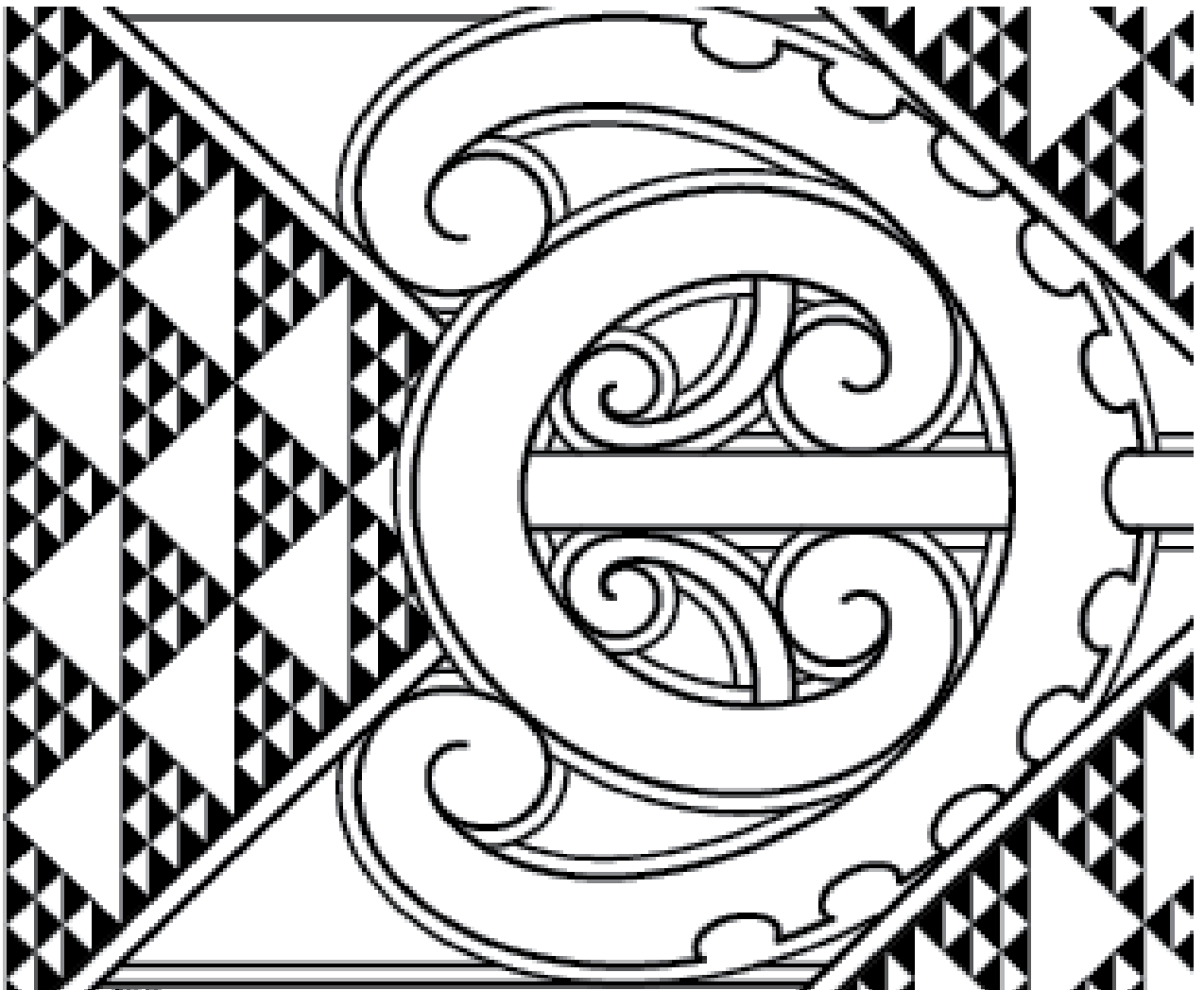
Using felt tips, colour in the sheets on the pages overleaf.

You could use this as an activity during a break.

You will need:

- Felt tip pens
- Colouring sheets (see below)





Swedish – Folk art paper crafts:



Your Explorers will use these images as inspiration to create their own Swedish Folk art.

They will cut coloured paper to make animal and floral shapes. They will then layer their cut pieces and glue them down. Add detail using pencil crayon or felt tip.

You will need:

- White paper
- Coloured paper of your choice
- Felt tip pens and/or pencil crayons
- Scissors
- Glue sticks

Fancy a challenge?

Try adding more animals or floral shapes to the piece.

Cultural Games:

Overview

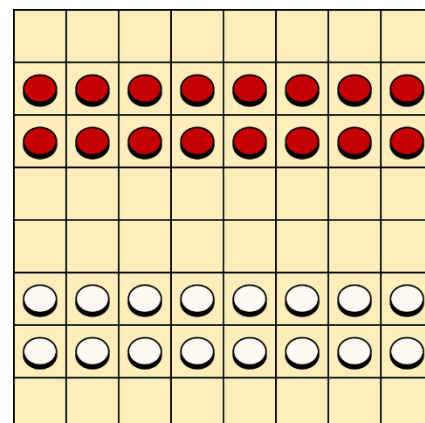
Approx time	Activity
-	Meeting starts
10 min	Introduction
25 min	Games
15 min	Tea/Coffee break
25 min	Games
5 min	Tidy up
5 min	Meeting closed

These activities are all based around popular games played around the world. These games could be played in rotation or as a unit depending on how many Explorers you have.

Turkish Draughts (commonly played in Turkey, Egypt and Greece):

Rules of the game:

1. Whites move first
2. Pieces can only move forwards or sideways one square (pieces cannot move backwards)
3. To capture the opponents pieces they have to be jumped over either forwards, left or right
4. If either side gets a piece to the other side, they become a king (shown by having another piece placed on top)
5. A king can move any number of spaces and in any direction including backwards



Dominoes (Originating in China and now played commonly globally):



Rules of the game:

1. Dominoes are shuffled and each player is dealt five pieces
2. Place a single domino in the middle
3. Each player takes a turn in placing a single piece down
4. If a player cannot place a piece, they either miss a go or pick up another piece (depending on how many tiles are available)
5. The player who gets rid of their pieces first wins

Pick-up Sticks (originating in China):

Rules of the game:

1. One player holds the pick-up sticks, straws or match sticks vertically before dropping all of their items
2. Players then take it in turns to pick up the sticks one by one without making any other stick move
3. If a stick moves the player must put the stick back and the next player goes



Kyykkä (the Finland version of skittles):



Rules of the game:

1. A series of wooden blocks (or plastic bottles) are placed in an area in any arrangement
2. Players take it in turns to throw a longer length of wood to see how many skittles they can knock over

Peso Toss (a Mexican throwing game):

Rules of the game:

1. A number of hats or buckets are placed in a line at varying distances – the further the object the more points it is worth
2. Players take it in turns to throw a number of 2p coins or counters into the hats or buckets
3. The player with the highest score at the end wins



Hot Sombrero (a Mexican version of musical chairs but with a hat):



Rules of the game:

1. Players stand or sit in a circle
2. Music is played and the hat is passed around
3. When the hat gets to each player, they must put the hat on before passing it on
4. The player with the hat when the music stops is out

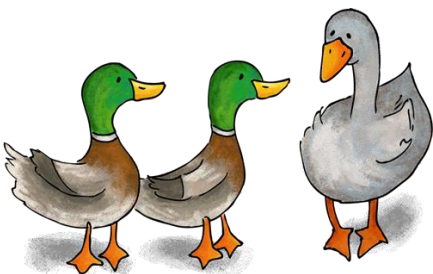
Ein, Zwei, Drei...Halt! (A German version of what's the time Mr Wolf):

Rules of the game:

1. Explorers stand next to each other in a line, one person stands at the other end facing away
2. The person at the other end counts to three out loud before shouting halt and faces the rest of the group (the others at this point are moving towards the single person)
3. When the caller turns the other players have to freeze, anyone not frozen will be sent back to the start area
4. The first person to reach the catcher then becomes the catcher



Anka-anka-grå-anka (the original Swedish version of duck, duck goose):



Rules of the game:

1. Players sit in a circle and one player stands on the outside
2. The player on the outside walks around the circle tapping other players (calling them duck)
3. The player walking around will then tap another player by calling them goose
4. Both players must run around the circle clockwise – the player at the front tries to sit back in their opponents space before being caught

Lawn Bowls (this game originated in ancient Egypt and became an English favourite in the 13th Century):

Rules of the game:

1. One player rolls the jack ball (the target ball)
2. Players take it in turns to roll their balls
3. The player who gets their ball closest to the jack wins



International Quiz and Chips:

Overview

Approx time	Activity
-	Meeting starts
35 min	Quiz
15 min	Drink and chips break
35 min	Quiz and answers
5 min	Tidy up
5 min	Meeting closed

A quiz based on general knowledge around the world. Why not invite parents and friends along to take part as well?

Round 1 – International Currency

Q1	Russia	Ruble	Q6	Canada	Canadian Dolla
Q2	China	Renminbi/Yuan	Q7	South Korea	Won
Q3	Iceland	króna	Q8	Poland	Zloty
Q4	Nepal	Rupee	Q9	Great Britain	Pound Sterling
Q5	Australia	Australian Dolla	Q10	Peru	Sol

Round 2 – Past European Currency

Q1	Austria	Shilling	Q6	Belgium	Franc
Q2	Finland	Markka	Q7	Germany	Deutschmark
Q3	Greece	Drachma	Q8	Ireland	Irish Pound
Q4	France	Franc	Q9	Italy	Lira
Q5	Spain	Peseta	Q10	Slovenia	Tolar

Round 3 – Name that Flag

Q1



Q2



Q3



Q4



Q5



Q6



Q7



Q8



Q9



Q10



Q11



Q12



Q13



Q14



Q15



Round 3 – Answers

Q1	Thailand	Q6	Singapore	Q11	Germany
Q2	Luxembourg	Q7	Italy	Q12	Turkey
Q3	Chad/Romania	Q8	Jamaica	Q13	Sierra Leone
Q4	Uruguay	Q9	Belgium	Q14	Finland
Q5	Peru	Q10	Algeria	Q15	Iceland

Round 4 – Name the National Animal

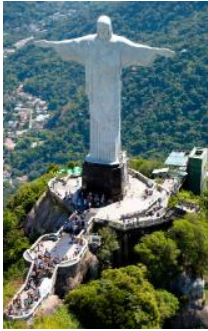
Q1	Canada	Beaver	Q6	Australia	Kangaroo
Q2	India	Tiger	Q7	England	Lion
Q3	Thailand	Elephant	Q8	France	Rooster
Q4	Spain	Bull	Q9	Scotland	Unicorn
Q5	China	Giant Panda	Q10	Denmark	Swan

Round 5 – Global General Knowledge

Q1	What is the smallest country in the world?	Vatican City
Q2	What is the largest island?	Greenland
Q3	What continent is not permanently inhabited by humans?	Antarctica
Q4	What country gifted the USA with the Statue of Liberty?	France
Q5	What country drinks the most tea as of 2016?	Turkey
Q6	What ocean is home to the Bermuda Triangle?	Atlantic
Q7	What is the longest river in the world?	Amazon/Nile
Q8	What is the largest ocean in the world?	Pacific
Q9	What country produces the most coffee?	Brazil
Q10	Black mambas are one of the deadliest snakes in the world but what continent are they commonly found in?	Africa

Round 6 – Name the landmark and location (two points for both)

Q1



Q2



Q3



Q4



Q5



Q6



Q7



Q8



Q9



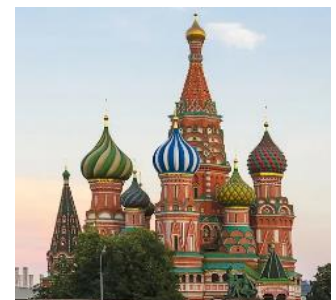
Q10



Q11



Q12



Q13



Q14



Q15



Round 6 – Answers

- Q1 Christ the Redeemer, Rio de Janeiro, Brazil
- Q2 Golden Gate Bridge, San Francisco, USA
- Q3 Sydney Opera House, Sydney, Australia
- Q4 Taj Mahal, Agra, India
- Q5 Eiffel Tower, Paris, France
- Q6 Arch of Reunification, Pyongyang, North Korea
- Q7 Burj Khalifa, Dubai, United Arab Emirates
- Q8 Sagrada Familia, Barcelona, Spain
- Q9 The Statue of Liberty, New York, USA
- Q10 Stonehenge, Wiltshire, England
- Q11 Angel of the North, Gateshead, England
- Q12 Saint Basil's Cathedral, Red Square, Moskva, Russia
- Q13 Windsor Castle, Windsor, England
- Q14 Ahu Tongariki, Easter Island, Chile
- Q15 Leaning Tower of Pisa, Pisa, Italy

Scouts Past, Present and Future:

Overview

Approx time	Activity
-	Meeting starts
10 min	Introduction
10 min	Why is Scouting special to you?
10 min	Number hunt
10 min	Design a Scouting badge of the future
15 min	Tea/Coffee break
15 min	Origami Scout uniform
20 min	Scouts around the world
5 min	Tidy up
5 min	Meeting closed

A series of activities to get your Explorers thinking about the heritage of Scouting and what it looks like globally.

Why is Scouting Special to you?

Sitting in a circle, pass around a ball of wool. Each time the wool is passed on the Explorer must say what makes Scouting special to them or why it is important to them (this will create a spider web of wool). You could also ask for favourite Scouting memories.

You will need:

- A ball of wool or string

Number Hunt:

Either printing or writing the facts below, Explorers must match the Scouting number to the fact.

The number of Scout challenge badges	9
The year Scouting started in the UK	1908
The number of countries that have Scouting	216
The current number of Scout sections as of 2022	6
The number of Scouts globally	more than 31 million
The year Cubs was founded	1916
The year Beavers was founded	1986

The year Explorers was founded	2002
The year Squirrels was founded	2021
The year Network was founded	2001
The number of activity badges in Scouting as of 2022	157
The number of Scouts that went to the first Scout camp on Brownsea Island	20

Design a Scouting badge of the future:

Explorers will create a badge that they would like to see in the future. This can be any shape, colour or design but the Explorer must be able to explain why they have chosen their design.

You will need:

- Felt tip pens/pencils
- A4 paper

Origami Scout Uniform:

Using the images and guide below, create an origami Scout uniform from a different country. Why not do some further research into Scout uniforms around the world?

Inside the origami uniform, why not write some facts about Scouting in that particular country? You could even write their version of the promise inside!

You will need:

- Felt tip pens/pencils
- A4 paper
- A device to do further research

Boy Scouts of America



Scouts of Australia



Scouts of India



1



2



3



4



5



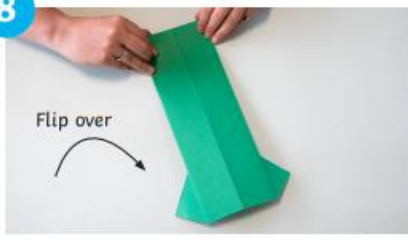
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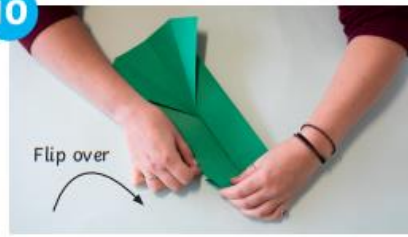
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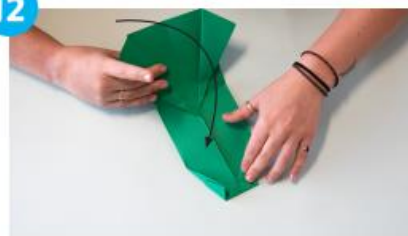
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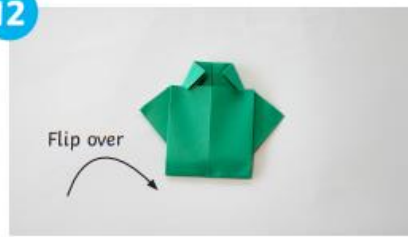
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12



Follow these step by step instructions to create a Scout uniform from another country.

Scouts of South Korea



Scouts of Jamaica



Scouts of the Philippines



Scouts Around the World:

Working in groups, research scouting globally using digital devices.

You might like to find out the history of Scouting in a particular country.

You could explore the Boy Scouts of America, Australian Scouting or another countries Scouting.

Explore what sections they have, some of their badges and awards, how many Scouts they have and any other information.

Present your findings in a poster and share this with the rest of your unit.

You will need:

- Felt tip pens/pencils
- A4/A3 paper
- A device to do further research

Chinese New Year Celebrations:

Overview

Approx time	Activity
-	Meeting starts
10 min	Introduction
20 min	Chinese candle holder
10 min	Fan dragon
15 min	Tea/Coffee break
10 min	Folding fortune cat
20 min	Story of the Chinese zodiac
5 min	Tidy up
5 min	Meeting closed

A series of activities based around the Chinese New year and zodiac.

Chinese Candle Holder:

Steps to make:

1. Rip up red tissue paper and apply to the outside of your chosen jar with a thin layer of PVA glue
2. Let jar dry
3. Using black paint or pen, decorate the jar with Chinese lettering or symbols
4. Place a tealight or battery powered light inside the jar



You will need:

- Mason jars
- Red tissues paper
- PVA glue
- Paintbrushes
- Black paint or felt tip
- Tealight or battery powered candle

Fan Dragon:

Steps to make:

1. Colour in the dragon template
2. Cut the templates out
3. Make five paper fans, making sure to glue them at one end to keep them together
4. Glue all of the paper fans together in a line
5. Stick on the head and tail
6. Attach two straws using cellotape

You will need:

- Dragon template
- Scissors
- Glue sticks
- Cellotape
- Straws
- Coloured paper or card



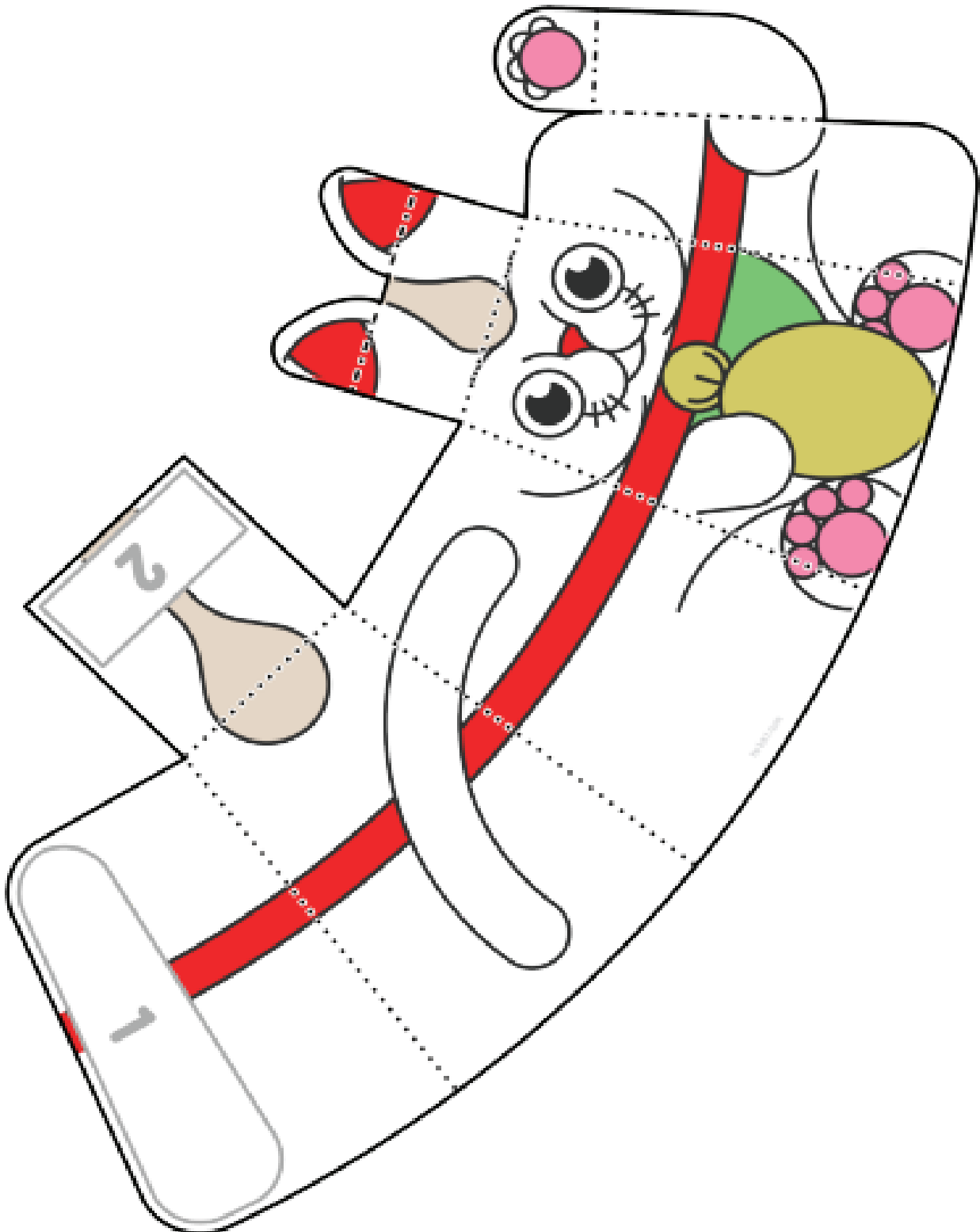
Folding Fortune cat:

Steps to make:

1. Decorate the fortune cat however you like
2. Cut out the template below
3. Fold and glue

You will need:

- Scissors
- Glue sticks or cellotape
- Felt tips pens or pencils



Story of the Chinese Zodiac:

Using the story of the zodiac, create any props you fancy and re-tell the story.

You will need:

- Any props you fancy

A long time ago, in China, the Jade Emperor decided that there should be a way to measure time.

He told the animals they were to compete in a race. The first 12 animals would be rewarded by having a year named after them.

On the day of the race, all the animals lined up beside the river. The rat and the cat, who were good friends, were worried as they were not very good at swimming. They asked the ox if he would carry them across on his back.

The ox agreed and they jumped on his back. When the race started, the rat and the cat were very pleased that the ox took the lead.

Just when they were about to reach the riverbank, the rat pushed the cat into the water!

The rat jumped off the ox and landed on the other side - finishing first.

"Well done!" said the Jade Emperor to the rat. "The first year of the zodiac will be named after you." The poor ox was tricked into second place, and so the second year of the zodiac was named after him.

Shortly after, the exhausted tiger arrived at the riverbank. Swimming the river had been very difficult, as she had to fight strong currents.

The next to arrive was the rabbit, who hadn't swum across but hopped across on some stepping stones and then onto a floating log that carried him to the riverbank. "I shall name the fourth year after you," the Jade Emperor said, cheerfully.

Taking fifth place was the dragon. "How come you didn't win the race, when you could fly across?" the Emperor asked.

"I stopped to help some animals," the smiling dragon explained.

Next, travelling quickly towards the finish line, was the horse. Just as the Jade Emperor thought the horse would cross, the snake wriggled around one of the horse's hooves. The horse was so surprised that they jumped back, giving the snake a chance to slither forward and take sixth place. The horse made it for seventh place.

Not long after, a rather well-constructed raft made its way to the riverbank carrying the monkey, the rooster and the goat. They explained how they had worked as a team to get across. The Emperor was very pleased. He said the goat would be the eighth year, the monkey the ninth and the rooster the tenth.

Splashing happily onto the shore next was the dog. "What took you so long, when you're such a good swimmer?" asked the Emperor.

"The river was so lovely and fresh that I decided to have a bath along the way," the dog explained. She was rewarded with the eleventh year.

There was one place left in the zodiac. The sun was setting, and the Emperor wondered who the last winner would be. All the animals and the Emperor had their eyes on the horizon, waiting for the last animal to appear...

All of a sudden, everyone heard a *scuffle*, a *squeak* and an *oink*.

The pig turned up! "You took a long time. What happened?" the Emperor asked.

"I was hungry and stopped to eat, then I fell asleep," said the pig. And so, the twelfth year was given to the pig.

As for the poor cat, he finally crawled out of the river, soaking wet and tired. But, he was too late to have a year named after him. The cat was very angry with the rat for pushing him in the water. Since then, cats have disliked water and have never been friends with rats!