

### **Knots & Lashings Made Easy Index**

#### **Knots**

- Reef Knot
- Clove Hitch
- Figure of Eight
- o Bowline
- Sheet Bend
- Sheet Shank

#### **Hitches**

- Round Turn and Two Half Hitches
- Trucker's Hitch
- o Timber Hitch
- Highwayman's Hitch

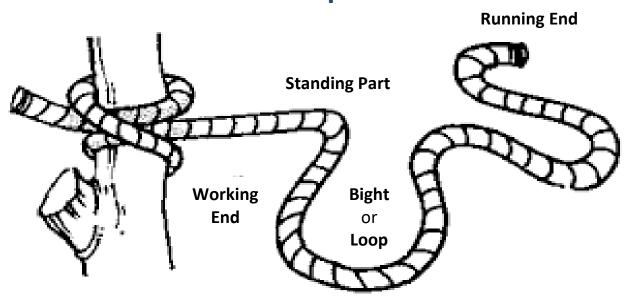
#### **Lashings**

- Square Lashing
- Diagonal Lashing
- Round Lashing

#### **Example Pioneering Ideas**

- Fire Bucket Stand
- Wheelbarrow
- o Flagpole
- Simple Table
- Camp Shower
- Firewood Store
- Picnic Tables
- Two-Sink Dishwashing Station

### **Reference - Parts of the Rope**





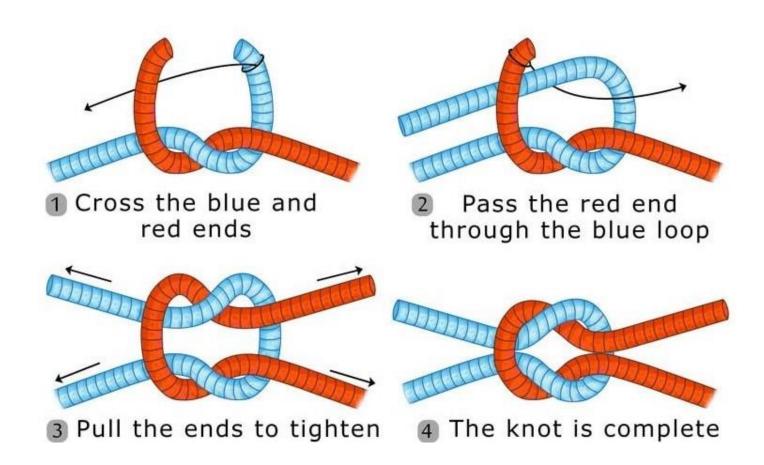


### **Knots & Lashings Made Easy The Reef Knot**

This knot is great for tying around an object to secure it, tying up bundles and packages and is also used for first aid.

This is your basic knot, something that you should have up your sleeve when you cover something or need to hold something together using a rope.

It is also great for tying together two lengths of rope of equal thickness.



Mnemonic rhyme: Right over left, left over right, makes a reef knot both tidy and tight

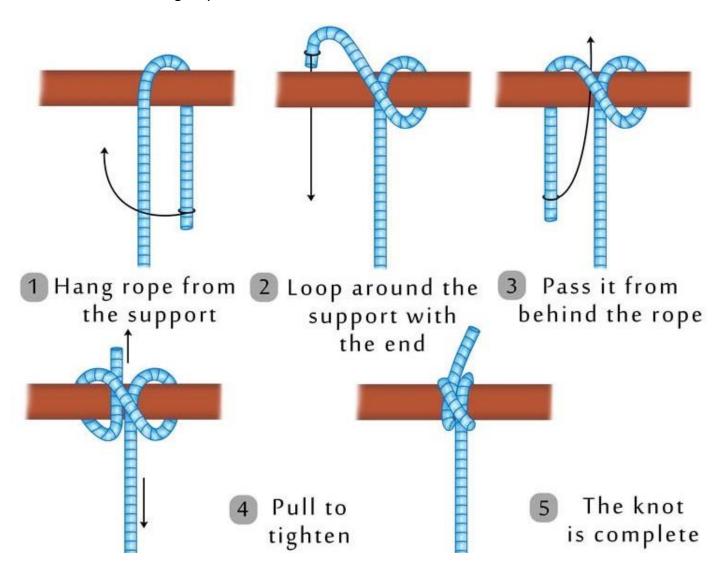




## **Knots & Lashings Made Easy The Clove Hitch**

This knot has come in very handy whenever there is a need to securely tie the end of a rope to a stationary object. It is an absolute winner for tying your tarps to poles or hanging your hammock or making a rope clothesline.

Need to secure something on your roof racks? Use this knot.



Mnemonic rhyme: loop right around the pole, loop left around the pole, then up through the hole.

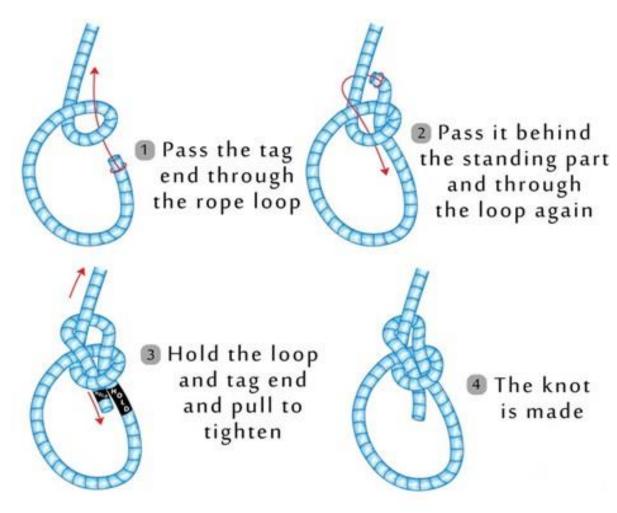




## **Knots & Lashings Made Easy The Bowline**

This is a great knot to make a loop, when subjected to tension, the loop keeps its shape, and you can still untie it after it's borne its load.

It is a great tie down knot and is really handy in emergency situations. This knot forms an open loop that is easy for someone to grab onto and be pulled up out of a dangerous situation.



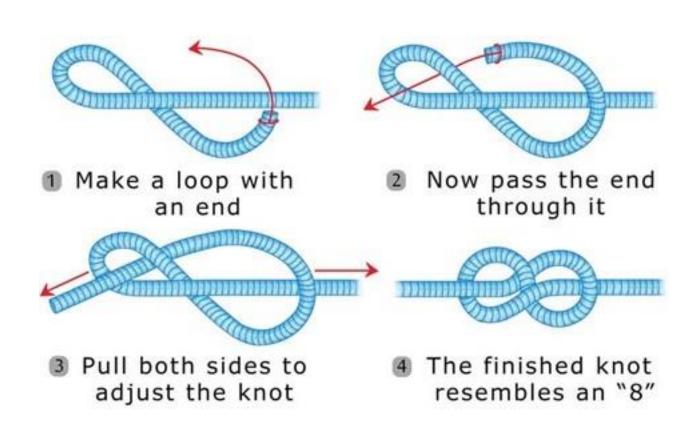
Mnemonic story: make a hole; rabbit hops up out of the hole, runs around the tree, and back down the hole.





# **Knots & Lashings Made Easy The Figure of Eight**

This is a great knot to make a loop. When subjected to tension, the loop keeps its shape, and you can still untie it after it's borne its load. It's a great tie down knot and is really handy in emergency situations. This knot forms an open loop that is easy for someone to grab onto and be pulled up out of a dangerous situation.

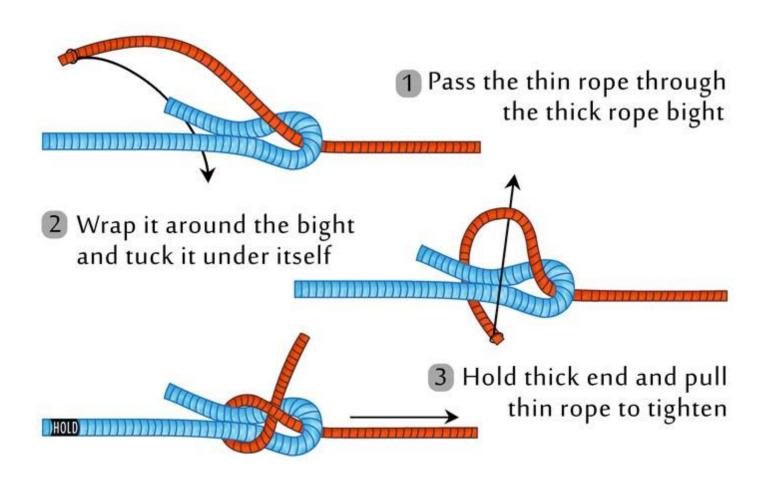






### **Knots & Lashings Made Easy The Sheet Bend**

Need to lengthen a thick clothesline, but all you have is a thin piece of rope? Don't fret. The sheet bend can lend a helping hand. The knot, also known as, becket bend, weaver's hitch or weaver's knot, though recommended for joining ropes of different diameters, is equally effective for ropes of equal thicknesses.

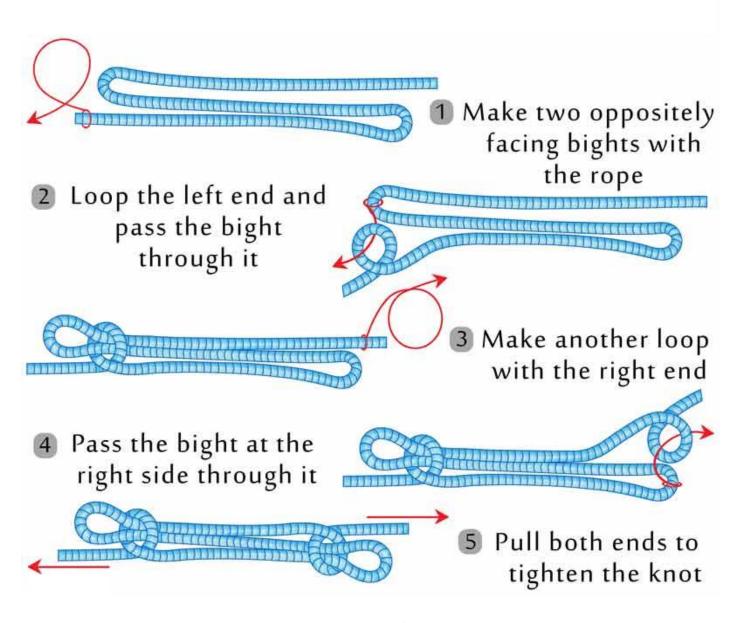






# **Knots & Lashings Made Easy The Sheep Shank**

The sheepshank knot is mostly used to shorten a length of rope temporarily. Not being a stable knot, it falls apart under too heavy or too little load.

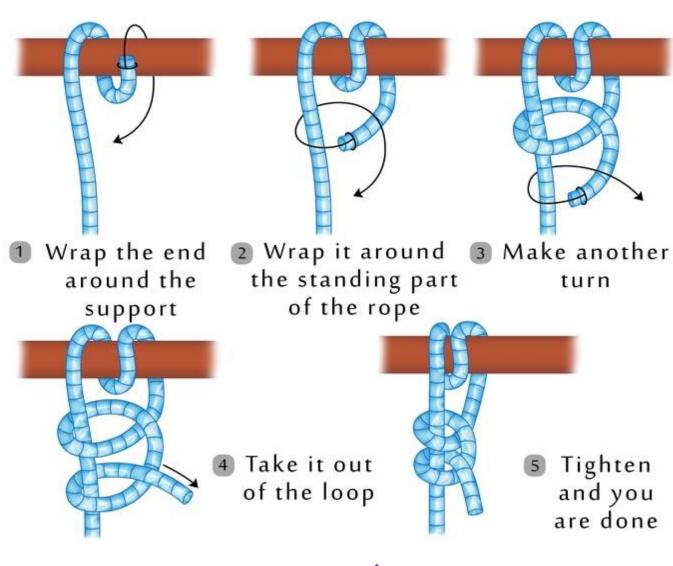






## **Knots & Lashings Made Easy Round Turn and Two Half Hitches**

This strong knot consists of two parts, a round turn and two half hitches. The first part takes the initial strain and controls the load as you complete the knot. It also provides friction against the support. It fastens a rope to a fixed object such as a post, tree, ring or column.

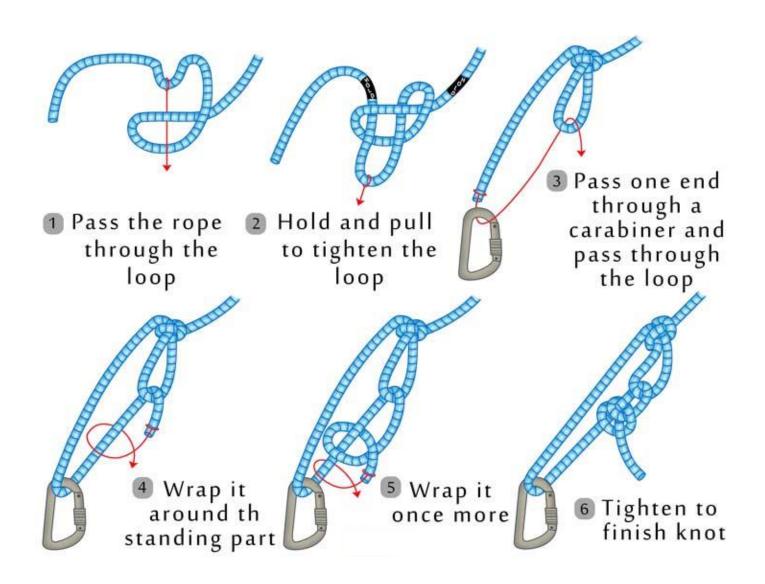






## **Knots & Lashings Made Easy The Trucker's Hitch**

Do you need to tie down long ropes at your camp site or secure kayaks and canoes to your truck? The trucker's hitch or power cinch knot could help you with it. It works for long lengths of ropes such as tarp guy-lines or clotheslines.

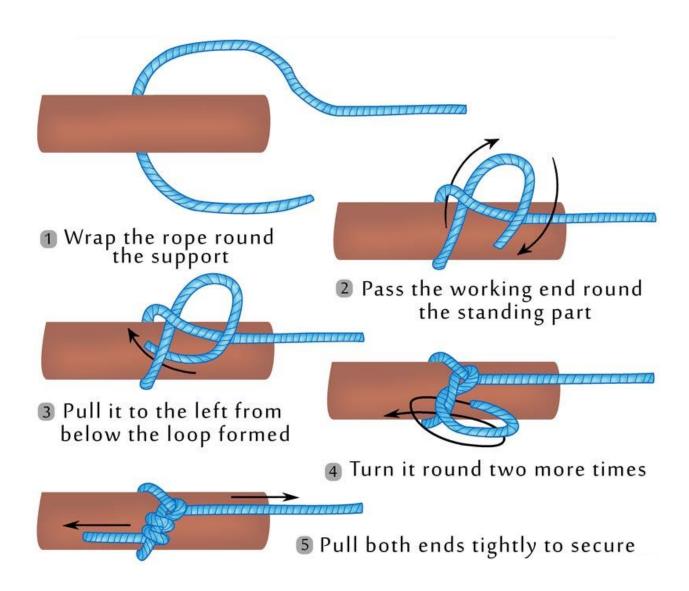






### **Knots & Lashings Made Easy The Timber Hitch**

The timber hitch is used to secure a rope round a post or any cylindrical object. It is also known as Bowyer's Knot owing to its use in attaching the end of the bowstring to a longbow.

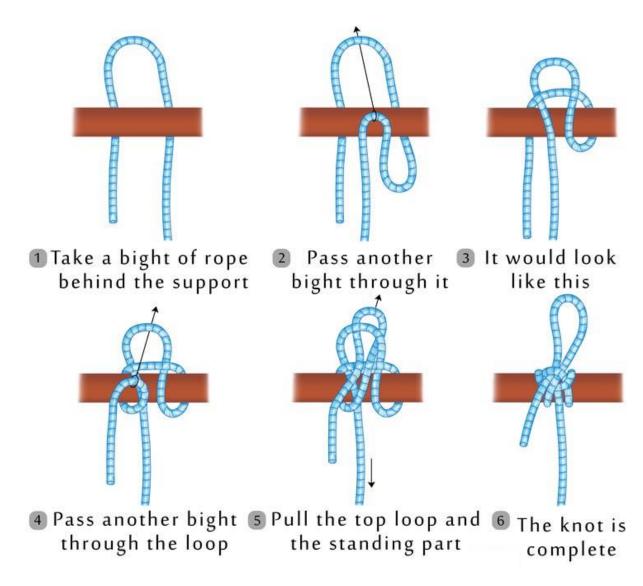






# Knots & Lashings Made Easy The Highwayman's Hitch

This quick release knot is of the draw loop type and can temporarily secure a load that is to be released cleanly and easily. It can be tied at the middle of a rope eliminating the need of the working end to be passed around the anchor while tying or releasing. It involves 3 bights of the same rope each of which successively lock the previous one.



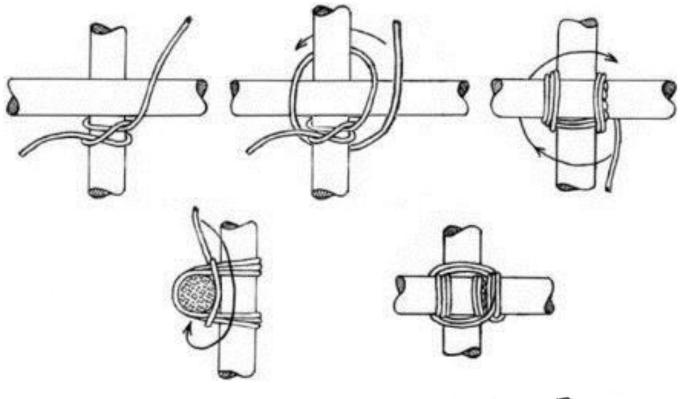




# **Knots & Lashings Made Easy Square Lashing**

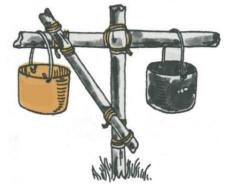
This is the most commonly used lashing method.

It is used where the poles will try to slide over each other and are at 90° or very close to that.



#### **Example Project: Fire Bucket Holder**

- One 4-foot x 2-inch stake
- O Two 2-foot x 1-inch straight poles
- Three 9-foot x 5/32" diameter lashing ropes





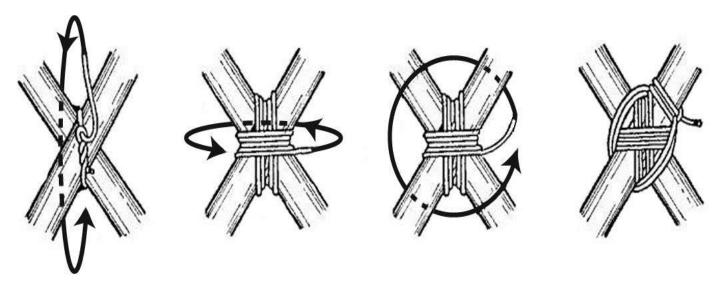


# **Knots & Lashings Made Easy Diagonal Lashing**

This method is used where the poles have to be pulled together or when they tend to spring apart from each other for example in the cross-brace of a framework.

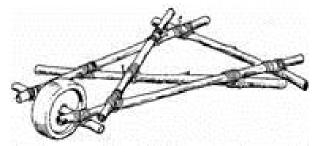
Often the two poles form an "X" and prevent a project from racking.

Diagonal lashing should also be used when the angle which the poles are placed is other than 90°.



#### **Example Project: Wheelbarrow:**

- o Four 4-foot x 2-inch poles
- One 3-foot x 2-inches poles (handle)
- One 2-foot x 2-inch poles (axle)
- o One wheel
- Nine 12-foot x 5/32" diameter lashing ropes

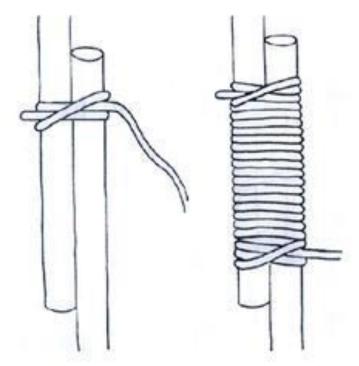






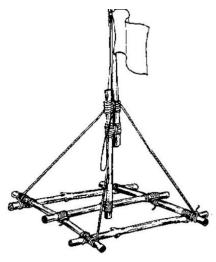
# **Knots & Lashings Made Easy Round Lashing**

This method is the most commonly used lashing for extending the length of a pole.



#### **Example Project: Wheelbarrow:**

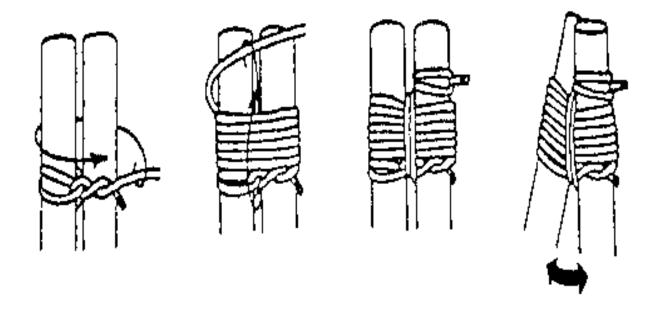
- Seven 6-foot x 2-inch poles
- O Nine 12-foot x 5/32-inch diameter lashing ropes
- Two 15-foot x 5/32-inch diameter lashing ropes (guy ropes)
- o One flag, one eye-bolt and two spring-loaded clamps





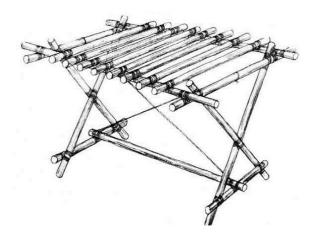
# **Knots & Lashings Made Easy Sheer Lashing**

This method is used to join two poles together to form a scissor shape often used for table legs (sheer legs). With this application the poles might either lift or support weights.



#### **Example Project: Simple Table:**

- Seven 6-foot x 2-inch poles (legs & stringers)
- Four 3-foot x 2-inch poles (leg supports)
- Sixteen 12-foot x 5/32-inch diameter lashing ropes
- Two 24-foot x 5/32-inch diameter lashing ropes
- Lath material for tabletop (4-foot / 3-foot)

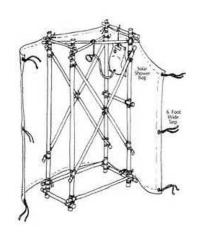


Note: diagonal rope under the table tied from side-to-side to prevent racking.

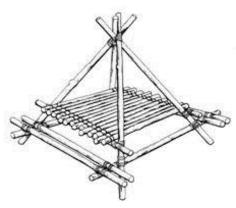




# **Knots & Lashings Made Easy More Example Pioneering Projects**



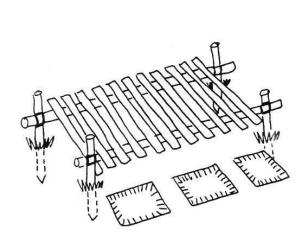


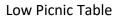


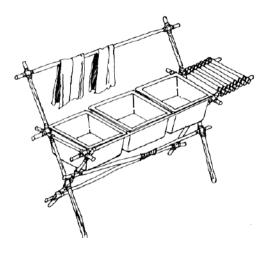
Camp Shower

Firewood Store

Picnic Table







**Two-Sink Dishwashing Station** 

Fun, Adventure, Involvement, and Challenges are built in.

