

# Squirrel Scout Resources East Norfolk Scouts

## BE ACTIVE

Here are all the printed resources that you need to run the Activity Badge with your Squirrels.





Click to open and print all the resources.



### Meeting Planner – [Three Week Programme Planner](#)

You can choose to spend two or three weeks working on this badge.

EAST NORFOLK SCOUTS – SQUIRREL PROGRAMME RESOURCE – ACTIVITY BADGES

	<h3>Be Active</h3>		Bodies can do great things. Explore new ways to move, learn fun new games, and help your friends do their best.		
	How to earn your badge:			Week 1	Week 2
1. There are lots of different ways to be active. Explore the different ways that you can move your body and see how they feel.		Book/Story	Bernie the Panda OR The Frog Olympics	Sammy's Dance OR Giraffes Can't Dance	The Roaring Wind OR Meet the Weather
2. Playing games is lots of fun. Learn to play a new game using different equipment. You could use balls, bean bags, bats, or rackets. There are lots of different games you could play – which one is your favourite?		Activity	Noughts and Crosses	Dancing Ribbons	Take a Shake Break
3. Games are even more fun when you play with your friends. Do your best to help your friends play a game. You could teach someone the rules to a new game, help new Squirrels learn your favourite game, or encourage your friends to do their best.		Activity Kit	Sticks (4 per pair) Feathers Leaves	Music Source/Phone Paper Plates Coloured Pens Double-sided Tape Tissue Paper (Strips) Ribbons Wools	Plastic Bottles/Jars Craft Materials (opt) PVA Glue Glitter Water Paper Towel Stirrers/Spoons
Challenge Award and Other Badge Links:					
					
All Together		All About Me		Chief Scout's Acorn	

### Activity Plan 1 – [Noughts and Crosses](#)

### Activity Plan 2 – [Dancing Ribbons](#)

### Activity Plan 3 – [Take a Shake Break](#)

Also see the Games Resource Page and find an appropriate game to run as part of your meetings.

