

Squirrel Scout Resources East Norfolk Scouts

SUPER CHEF

Here are all the printed resources that you need to run the Activity Badge with your Squirrels.



Click to open and print all the resources.

Meeting Planner – [Three Week Programme Planner](#)

You can choose to spend two or three weeks working on this badge.

EAST NORFOLK SCOUTS – SQUIRREL PROGRAMME RESOURCE – ACTIVITY BADGES

	Super Chef			What's your favourite thing to eat? Learn more about food then put on your apron and cook up a storm.
	How to earn your badge:	Week 1	Week 2	Week 3
1. The food we eat comes from lots of different places all over the world. Some grows underground, some grows on bushes or trees, and some comes from animals. Think about the foods you eat and explore where some of them come from. You could visit a supermarket or grow some food yourself. 2. We can use all of our senses to find out about food. It can be sweet, salty, crunchy, soft, or even brightly coloured. Are there any new foods you'd like to try? Explore some new foods with your friends. You could try different some different fruits, vegetables, or breads. What makes them different? 3. Having fun while cooking isn't just for grown-ups. Wash your hands, follow a recipe, and make a tasty snack with your friends. You could cook on a gas burner, an oven or hob, or outside on an open fire. Why not try some backwoods cooking using unusual utensils.	Book/Story	Orange, Pear, Apple Bear	Ffion's Favourite Fruit OR Oliver's Fruit Salad	The Very Hungry Caterpillar OR Oliver's Vegetables
	Activity	Campfire Biscuits	Fruit Kebabs	Food Detective and World Food Tasting
	Activity Kit	Biscuits (Rich Tea) Chocolate Sticks Mini Marshmallows Strawberry Laces Gummy Bears Tubes of Icing Paper Plates	Wooden Skewers Plates Knives Storage Boxes Various Fruits	A4 Paper Coloured Pens iPad with world images or printouts World Foods and Packaging Reusable Bag
Challenge Award and Other Badge Links:				
All Together All About Me Chief Scout's Acorn				

Activity Plan 1 – [Campfire Biscuits](#)

Activity Plan 2 – [Fruit Kebabs](#)

Activity Plan 3 – [Food Detective and World Food Tasting](#)

Also see the Games Resource Page and find an appropriate game to run as part of your meetings.

