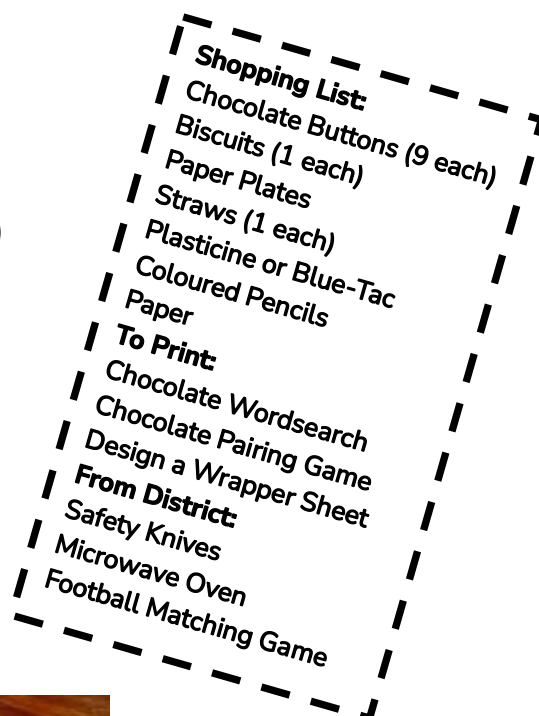


World Chocolate Day

Programme Planner

Arrival	Chocolate Wordsearch
Circle	Intro to the session The History of Chocolate
Discussion	How Chocolate is Made (Pairing Game)
Activity	Three Bases: 1. Chocolate Football Biscuits 2. Football Memory Matching Game 3. Blow Football
Activity	Design a Chocolate Bar and Wrapper
Game	Chocolate, Chocolate, Biscuit Game
Circle	Fair Trade Chocolate Feedback on the session



How to run each part of the programme:

History of Chocolate

The history of chocolate dates back more than 5,000 years, when the cacao tree was first domesticated in present-day Ecuador. Soon after domestication, cacao drinks gained significance as an elite beverage among cultures including the Maya and the Aztecs. Cacao was considered a gift from the gods and was used as currency, medicine, and in ceremonies. Early evidence of chocolate consumption dates to 600 BC, when it was often associated with the heart.

Chocolate spread through Europe over three centuries from 1500, gaining popularity among elites. It was debated for its medicinal and religious merits. Following the transformation of chocolate from an elite drink into a solid, widely consumed product due to technological innovations, the 19th century saw the rise of Swiss and British chocolate makers, as well as the industrialization of production.

Since World War I, chocolate has continued to evolve, leading to the development white chocolate. Manufacturers have also introduced alternative ingredients such as cheaper fats and oils.

Production increased dramatically in the 20th century, and awareness of labour exploitation, especially child labour, has shifted attitudes toward chocolate production.

As of 2018, the global chocolate trade was valued at over US\$100 billion, concentrated among a relatively small group of cocoa processors and chocolate manufacturers.

How Chocolate is Made (Pairing Game)

Working across three bases, all doing the same activity, place all the tiles on the table and hold a discussion to match up the pictures and the words (the adult leading each table will need to read) and then working together, place the tiles in the correct order too.

Chocolate Football Biscuits

Each young person has a biscuit and 5 chocolate buttons in one colour and 4 in the other on a paper plate. Place the buttons onto the biscuit as shown and using the knives and cutting plates cut the buttons as required (this is from the colour button that is 4 in number).

Heat in the microwave in 15 second bursts until the buttons melt and stick to the biscuit.

Blow Football Game

Use a table as the “football pitch” and set up two games tables, marking the “goal” between two pieces of plasticine at each end. Split the players across the two tables.

Players take turns to play another person using their own straw to blow the ball along the table to try to score a goal. When a goal is scored, both players change places to let other people play.

Design a Chocolate Bar and Wrapper

Have a discussion about everyone’s favourite chocolate bar.

Young people then design their own chocolate bar, drawing their own advertising poster.

- What flavour will it be?
- What shape will it be?
- What will the wrapper look like?
- How much will it cost?

Chocolate, Chocolate, Biscuit Game

Play the same way as Duck, Duck, Goose, with young people taking turns to lead in the game.

Fair Trade Chocolate

Fairtrade chocolate ensures cocoa farmers receive a guaranteed minimum price and a social premium to invest in their communities. In the UK, popular farmer-owned and independent brands include Divine Chocolate (partially owned by Ghanaian farmers).