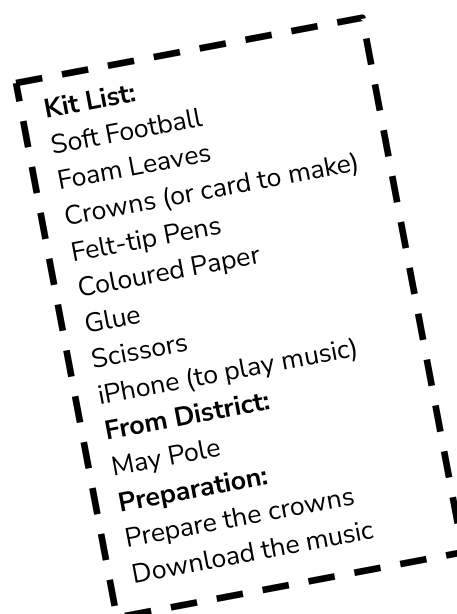


May Day

Programme Planner

Arrival	Elephant Football Game
Circle	Info about May Day
Activity	May Pole Dancing (Wassailing Song)
Activity	Nature Crowns
Activity	May Pole Dancing – Take Two
Game	Elephant Football Rematch
Circle	Feedback on the session



How to run each part of the programme

Elephant Football Game

How: Young people make a circle facing inwards, with legs a should width apart and feet touching the next person. Using only one arm with a clenched fist they hit the football across the circle and aim to get it through the legs of another person, whilst defending their “goal”. Everyone keeps count of their scoring goals.

Info about May Day

Intro: May Day is celebrated on 1 May and is an ancient spring festival marking the return of summer by traditions like dancing around maypoles, crowning a May Queen, gathering wildflowers, and gathering leaves to make crowns.

It is also known as a day for the community to celebrate together, sharing food and playing games.



May Pole Dancing

Prep: Download the music

How: Everyone holds one ribbon and alternates facing forward and backwards. Everyone walks slowly weaving in and out as they go.

May Pole Music: <https://www.youtube.com/watch?v=2AJi80QInTY&list=PLa5I1GuWt1tzjyRew-AYqAEJZQD8dkrrY&index=3>

Nature Crowns

Prep: Make the crowns or buy ready cut.

How: Form a “Nature Crown” using the crown shaped cut-outs, leaves and other drawn decoration. Young people can also cut out flowers to add to the crown too if they want to.