

Halloween

A look at Halloween Traditions.

Programme Planner

Arrival	Colouring and Word Search
Circle	Talk about Halloween Traditions
Activity	Spider Biscuits
Activity	Wrap a Mummy (Beavers/Cubs) Skeleton Paracord (Scouts)
Activity	Spider Ker Plunk
Activity	Monster Bean Bag Toss
Circle	Halloween Safety Talk

Kit List:
 Paper Plates, Biscuits, Rolos Sweets,
 Edible Eyes, Chocolate Icing Piping
 Thin Cardboard, White Wool, Googly
 Eyes, Paracord, Wooden Beads, Cotton,
 Rulers, Scissors
 Collander, Spaghetti, Plastic Spiders
 Bean Bags, Black Bin Bags, Large Box,
 Sticky Tape and Stickers
 Projector and Laptop

Printing
 Colouring Sheet
 Word Search Sheet

Preparation
 Make the Monster Toss Box
 Cut out Mummy forms



How to run each part of the programme

Halloween Traditions

All Hallows' Eve: In the 8th century, Pope Gregory III named November 1 as **All Saints' Day** and November 2 as **All Souls' Day**, merging Christian remembrance with older celebrations and naming the night before **All Hallows' Eve**.

Core Traditions

Jack-o'-lanterns: Originating from Irish folklore about **Stingy Jack**, people originally carved scary faces into turnips, rutabagas, or mangelwurzel with inner candles to ward off wandering spirits.

Costumes and Masks: Ancient Celts wore disguises and animal skins to confuse or frighten evil spirits. This evolved into modern community dress-up for both children and adults.

Trick-or-Treating: Evolved from medieval English **souling**—where poor people went door-to-door offering prayers or songs for the dead in exchange for small pastries called **soul cakes**.

Spider Biscuits

How: Use the chocolate icing to pipe the legs of the spider onto the biscuit and stick on the Rolo body and candy edible eyes.

Wrap a Mummy

Prep: Pre-cut the Mummy body forms.

How: Give everyone a length of wool, stick one end to the back of the body form, then they wrap up the body so that the wool looks like bandages, securing the end on the back. On the head of the Mummy, part the wool and add the googly eyes.

Skeleton Paracord

Prep: Download the YouTube Video: <https://www.youtube.com/watch?v=IMcrYjKaQF4>

How: Everyone follows the video to make the paracord mummy.

Ker Plunk Spaghetti Game

Prep: Set up the first game by threading spaghetti across the colander to create a “web” and balance plastic spiders on the top.

How: In small groups, everyone takes turns to remove a piece of pasta, whilst trying to keep the spiders balanced in the “web”. The winners are the ones who do not release the spiders.

Monster Bean Bag Toss

Prep: Using a cardboard box and black plastic bags, create the monster box with a hole for the mouth. Use stickers to decorate the box (teeth, eyes).

How: Everyone takes turns to toss mini bean bags with the aim to get the monster to “eat” the bags.

Halloween Safety Talk

How: Everyone sits to discuss the safety precautions needed if young people are going to “trick or treat” around the area where they live.

Walking and Route Safety

- **Adult Supervision:** Always accompany young children, and make sure older children travel in groups while sticking to a pre-planned route.
- **Porch Lights:** Only knock on homes that have their outside or porch lights turned on, and respect signs that ask guests not to knock.
- **Road Smarts:** Stay on the pavements, cross only at proper crossings or intersections, and carry a flashlight. Never run into the street or cut across between parked cars.
- **No Home Entries:** Never step inside a stranger's house or car to collect or view treats. [[1](#), [2](#)]

Treat Inspection

- **Home Inspection:** Wait until you get home before eating any sweets so an adult can inspect the packaging.
- **Sealed Treats:** Throw away any items that are unwrapped, have torn or damaged wrappers, or look suspicious.
- **Choking and Allergies:** Watch out for small hard candies that can be choking hazards for young children, and check labels carefully if your child has food allergies (keeping any required emergency medication like an EpiPen close by).